

Tesco.

direct mail | top offers leaflet.

TESCO
Every little helps

This week's Top Offers!
Available from
11th - 18th May

Universal Cambridge Manx City Bike

ONLY £139.00
was £179.00

HOT DEAL!

- 26" frame
- 26" wheels with alloy rims and fenders
- Expert design for urban surfaces
- 18 Shimano gears and powerful 7.1 motor

FANTASTIC VALUE!

ONLY £45.00 each
was £60.00

HOT DEAL!

Tesco 4 Person Dome Tent

- 2 layer design waterproof footprint to 1000mm
- Free inflation repair system
- Portable roll design
- Packed with essential ground sheet
- Made in an event
- Weight 5.25kg

Portable Bucket Charcoal BBQ

ONLY £17.25
was £20.00

HOT DEAL!

- Plugless
- Stack charcoal
- Ideal for parties

Tesco Faas Leather Bean Chair

ONLY £39.99
was £49.99

HOT DEAL!

This ultimate bean chair comes in a leather-like design and will add a touch of style to your room as well as additional seating.

- 100% polyester with waterproof lining
- Easy clean top

Tesco 2 Person Cook Set

ONLY £11.00
was £15.00

HOT DEAL!

- 4 pieces
- Lending trolley system
- Interlocking rim joining
- Combination padlock

Revelation Trolley Case in Black

ONLY £27.99
was £39.99

HOT DEAL!

Tesco white porcelain plate, two pack

ONLY £13.20
was £16.00

HOT DEAL!

- Dishwasher and microwave safe

More great offers available in store!

TESCO Every little helps

This week's Top Offers!
Available from
11th - 18th May

ONLY £26.34
was £35.00

HOT DEAL!

- 2 matching ottomans
- 100% cotton 100% polyester
- Machine washable
- Can be used as stool

Tesco Quilted King Duvet Set, Grey

FANTASTIC VALUE!

ONLY £35.00 each
was £78.00

HOT DEAL!

4 Person Picnic Hamper

The classic style of picnic hamper comes complete with an original wooden case for easy carrying and storage, and two custom made and printed canvas to safely transport your picnic.

- Canvas, a plastic, 5 plates and 16 pieces of crockery

Tesco Ball Lights, 20 Pack

ONLY £7.87
was £9.99

HOT DEAL!

Add some sparkle to your home or garden with these perfect for parties.

Tesco Plastic Solar Lights, 8 Pack

ONLY £11.99
was £14.99

HOT DEAL!

- Environmentally friendly
- Energy efficient
- Ideal for parties or decking

Amazing SUMMER SAVINGS in stores NOW!

Thomas the Tank Engine Toddler Bed

ONLY £129.99
was £159.99

HOT DEAL!

Tesco Trampoline with Handle

ONLY £19.97
was £29.99

HOT DEAL!

- All weather game board
- Easy to use
- Suitable for indoor and outdoor use
- Suitable for ages 3+

Quincy Buzz Black Pushchair

ONLY £145.00
was £179.99

HOT DEAL!

- Revolutionary folding system with automatic unfolding
- Front lockable wheel wheels
- Strong adjustable push bar
- 2 position recline
- Lockable foot and hand brake
- Side canopy, front bar and rear cover

Tesco 3 Ring Toddler Paddling Pool

ONLY £5.00
was £7.99

HOT DEAL!

- 40 litres capacity 100 litres

0 801 650 650 www.tesco.com

Every little helps

More great offers available in store!

TESCO Every little helps

0 801 650 650 www.tesco.com

Every little helps

RSPB.

direct mail | birds of prey booklet.



The peregrine a population catastrophe



It's hard to believe that there was a global population crash in the 20th century. The UK numbers dropped to just 200 pairs and with very few producing young, the race was on to find out why before the peregrine became extinct.

The first battle
One of the peregrine's highs and lows began just after the outbreak of World War II. During this time hundreds were shot to protect carrier pigeons, leaving them absent from much of southern Britain. Peregrines began to recover after the war but by the 1960s a new survey showed that numbers were plummeting at an alarming rate.

The second battle
Groundbreaking research on both sides of the Atlantic found that certain agricultural pesticides were causing peregrine numbers to crash catastrophically. Pesticided birds, one of the main sources of food, were being shot that had been treated with organochlorine chemicals which were subsequently passed through the food chain. This was causing the eggs of peregrines (and other hawks and falcons) to thin and break prematurely.

The road to recovery
Voluntary and then statutory bans on the use of these toxic chemicals were put in place. At the same time, dedicated enthusiasts guarded peregrine nests around the clock to prevent eggs or young chicks being taken illegally. Recent surveys show that there are now around 1,400 peregrine pairs in the UK and they are even returning to urban habitats in southern Britain. The peregrine's story is truly compelling. Hundreds of people committed to its survival have helped to ensure that peregrines are back in many of their former haunts.

Facts
UK breeding: approx. 1,400 pairs
Wingspan: 85-110cm

Dividing us three ways, these are also falcon birds in the world.

Comparison with 68 humans

From countryside to city

Peregrines are true masters of flight and can perform spectacular aerobatics. Diving on their prey, they are the fastest birds in the world. Some of the best places to see these magnificent birds are at RSPB nature reserves or viewing sites, Symonds Yat in Gloucestershire, for example, has telescopes set up between April and August to give close views of nesting peregrines.

Peregrines can increasingly be seen in urban areas. Tower blocks and high-rise offices make fantastic vantage points for watching nesting ledges. There are at least five breeding pairs in London and it is hoped their numbers will increase. At the annual RSPB Aren't Birds Brilliant summer event at the Tate Modern, visitors are able to enjoy the spectacle of a pair of peregrines soaring around the building's distinctive tower. For more details take a look at our website www.rspb.org.uk/birds/brilliant

Peregrine falcon, over waterfall. Image provided by the RSPB. Photo: David Hume

Capio Nightingale Hospital.

literature | mental health brochures.



Anorexia and Bulimia Nervosa are complex illnesses, understood by medical professionals and patients in physical, biological, psychological and social dimensions.

What we offer

Being diagnosed with an eating disorder is a life-changing experience. Our treatment programme is designed to help you understand the complex nature of your illness. We offer a range of services to support you through your recovery journey. Our treatment programme is designed to help you understand the complex nature of your illness. We offer a range of services to support you through your recovery journey.

What we offer

- Individual therapy
- Group therapy
- Family therapy
- Medication management
- Nutritional counselling
- Psychological support
- Support groups
- Peer support
- Self-help materials
- 24-hour helpline
- Outpatient services
- Day hospital services
- Inpatient services
- Crisis services
- Community care
- Aftercare services

"The staff at Capio Nightingale made me a new life after 10 years of suffering. It was the best decision I ever made for me and my family."

What we offer

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It is our firm belief that physical health supports mental wellbeing, so we offer a unique physical health and wellbeing programme to complement our treatments.

What we offer

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- Support groups
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Stagewise.

branding | identity, leaflets and front end web design.



Brand marque development.

branding | variety of corporate brand marques.



Neff.

internal comms | newsletter.



Baxters.

packaging | Jack Daniel's barbecue sauces.



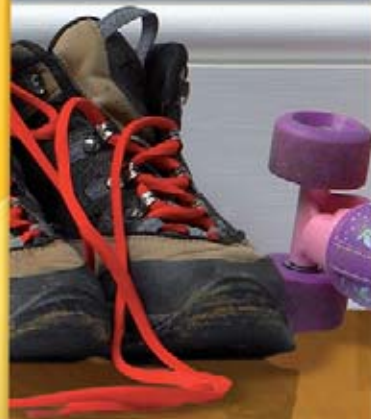
Baxters.

trade launch campaign | Jack Daniel's promotional box.



Cereal Partners.

pack promotion | Heart UK red laces appeal.



Avon.

packaging | Avon Care Hydra Firming range.



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Aloe Vera

A range of organic **Aloe Vera** skincare, produced from 99.9% pure Aloe gel. The range is paraben free and helps to moisturise, soften and hydrate your skin naturally.

Did you know?

Aloe Vera is a good healing substance because it contains many beneficial ingredients. **Aloe Vera** contains all the vitamins, except D, that people need on a daily basis. It also contains enzymes, minerals, anti-microbial, amino acids and sugars that are all beneficial to the human body.





1. **Aloe Vera Lotion**
200ml code TW0029 **£4.99**



2. **Aloe Vera Gel with Tea Tree Oil**
200ml code TW0029 **£4.99**



3. **Aloe Vera Gel with Vitamins A, C & E**
200ml code TW0029 **£4.99**



4. **Organic Aloe Vera Skin Gel**
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BEST seller!

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BEST seller!



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Australian Organic Tea Tree Hand & Body Lotion
250ml code TW0033 **£4.20**



Australian Organic Tea Tree Hair & Body Lotion
250ml code TW0032 **£4.66**


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catalogue design | seed & plant catalogue.

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To order call 0844 573 1818
or visit www.thompson-morgan.com

Home grown tomatoes... taste the summer!

From garden to kitchen, you can't get fresher tomatoes than those you've grown yourself! With their tantalising smell and delicious flavour we're confident that from when you take that first juicy bite you'll never want to go back to shop brought.

So, after trialling over 250 varieties we've found 2 of the best, sure to delight with their outstanding sweetness and bumper crops!

TOMATO SUNGOLD

Already a customer favourite for its superb sweetness, this outstanding variety produces an enormous crop of as many as 500, juicy, bite-size fruits per plant, providing an endless supply of golden-orange fruits. 'Garden sweeties'!

GEZ0840 (10 Seeds) **£2.99**
AEZ1234 (5 Plants) **£9.99**
Sow Seeds: February/March or Plants Delivered: April/May

UP TO 500 TOMATOES PER PLANT!



Perfect kitchen partner...
BASIL PLANT
see p58

Harvest in August

Full instructions provided with your seeds or plants

TOMATO SUNCHERRY PREMIUM

If you prefer red tomatoes then try Suncherry Premium. Deliciously sweet, just like Sungold, you'll have a huge crop of tasty fruits throughout the summer.

GEZ0504 (6 Seeds) **£3.29**
AEZ1234 (5 Plants) **£9.99**
Sow Seeds: February/March or Plants Delivered: April/May



Harvest in August



"Taking a few minutes to pinch out 'side shoots' on your tomatoes will ensure you get the most fruit from your plants."

Top Tip...

More tomatoes... less work!

For our step by step tomato growing video go to www.thompson-morgan.com

TOMATO FERTILISER

Give your tomatoes a little extra boost. Mix a little into the compost when you plant and watch them grow!

KEZ1234 (100g) **£5.49**

COIR POTS

Plant your young plants or seedlings into coir pots to grow them on - they can be planted straight out and the pots will biodegrade!

KEZ1234 (10 pots) **£3.99**

TOMATO PLANTER

Tomatoes don't need lots of space to grow, they'll even make an attractive addition to your patio in our handy to use planter, and the climbing frame provided will give them all the support they need.

KEZ1234 (1 planter) **£26.99**



Orderline 0844 573 1818 or visit www.thompson-morgan.com

Mothercare.

catalogue design | Christmas catalogue.



gift wrapping service: see page 2 for details

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step by step

Lucky Safari

1 Activity Cube
Cube •
3.5 x 3.5cm, 120 pieces of fun for boys and girls. One cube at a time. 120 x 120 x 120cm. Includes 120 x 120 x 120cm. **RRP £29.99**

2 Push-Along Walker with Bricks
Walker •
Push-walker with bricks to stack, perfect with letters and numbers. 120 x 120 x 120cm. **RRP £22.99**

best seller

development toys

3 Wooden Push-Along Activity Cube*
Cube •
Includes shape sorter, clock, train, roller, beaded cube, magnet, letters and pig sound. 120 x 120 x 120cm. **RRP £44.99**

4 Wooden Pound-A-Ball
Ball •
120 x 120 x 120cm. **RRP £39.99**

5 Wooden Bead Frame
Frame •
Colorful beaded string for boys and girls. 120 x 120 x 120cm. **RRP £39.99**

6 Wooden Shape Sorter
Sorter •
Match each of the 8 shapes and colors to the hole. 120 x 120 x 120cm. **RRP £39.99**

7 Shape and Transport Puzzles
Puzzle •
2 (ages 2-3) £19.99
3 Transport 20% £5.99

8 Number and Alphabet Puzzles
Puzzle •
8 Alphabet 20% £6.99
18 Number 20% £6.99

9 Jungle Animal Puzzle
Cube •
20% £4.99

10 Touch and Feel Farm Puzzle
Cube •
20% £5.99

11 Wooden Rocking Boat
Boat •
A light wooden boat with fun looking characters and removable table top with 120 x 120cm. **RRP £14.99**

12 Wooden Building Bricks
Bricks •
100 blocks for stacking and building. 120 x 120 x 120cm. **RRP £39.99**

13 Wooden Dinosaurs
Cube •
18 Dinosaurs 20% £24.99
12 Dinosaurs 20% £19.99
18 Dinosaurs 20% £19.99

development toys

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For price rules see page 24

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